


Let's Join YOGA Class in University!

It is good chance to experience YOGA.
Let's try it!

Beginners are welcome. 



Date

Mar. 12th, Wed

Time: 1:00 pm-

Online only by Zoom

Mar. 26th, Wed

Time: 0:30 pm-

Online + Face to face

You can access online service without
any reservation.

URL will be sent by e-mail.

Free of charge!
Participation on the day
is OK!



Yoga lecturer Ms. Michiko

Yoga class is instructed by the invited lecturer.

<Questions>

Health Administration Center

(8:30am-5:00pm)

TEL: 058-293-2173

E-mail: hokencen@t.gifu-u.ac.jp